



HORMONE ASSESSMENT - DAY 2

DO YOU CURRENTLY EXPERIENCE ANY OF THE FOLLOWING:

Part B

- Depression or anxiety
- Thinning hair
- Dry brittle skin
- Lack of motivation or drive/ambition
- Overall decreased sense of well-being
- Decreased libido - decreased sex drive
- Difficult to climax
- Decrease in sexual thoughts or fantasies
- Decreased sensitivity in your erogenous areas
- Fatigue - lack of energy
- Loss of strength and muscle tone
- Lack of concentration
- Trouble sleeping
- Irregular menstrual cycle (if you're still menstruating)

Your Total Score (total your "yeses"): _____ (14 possible)